



Organic Superfoods

POWERED BY PLANTS

STRENGTH & RECOVERY PROTEIN

Natural Vanilla Flavour

450g (15 Servings)



PRODUCT DESCRIPTION:

We've combined Organic Sprouted Brown Rice Protein Powder with Organic Sprouted Pea Protein Powder which delivers a complete protein powder (all 9 Essential Amino Acids) in a concentration level which compares favourably with any other protein powder on the market. In fact, because both our Organic Brown Rice Protein and Organic Pea Protein have been sprouted, they have a significant advantage over other protein powders in terms of digestibility. Perfectly designed for around training times.

43% Organic Sprouted Brown Rice Protein – advantages over other protein powders:

1. Brown rice protein powder is Hypo-Allergenic, so is good for people with compromised digestion.
2. Organic whole grain, Brown rice includes the bran and the endosperm layers, not only retaining the fibres but also much of the amino acid profile.
3. It is bio-fermented / sprouted with natural enzymes, which as the above detailed increases the bio-availability of the protein.

40% Organic Sprouted Pea Protein Powder – benefits include:

1. Pea protein is especially high in lysine and arginine, which are particularly beneficial for those leading active lifestyles.
2. Like Rice Protein powder, it is hypoallergenic and bio-fermented / sprouted which makes it particularly good for people with compromised digestion.
3. Pea protein in a very good source of dietary iron.

14% Organic Mesquite Powder – blends beautifully, making it an ideal addition to a smoothie blend with its natural nutty – caramel flavour. Due to its extremely low GI level (25), it provides slow release energy, which in combination with this blend's high protein content, means that it keeps your energy level going for longer after consuming.

3% Vanilla Powder – we've used a just enough vanilla powder to add a lovely smooth, velvety tone to this blend.

INGREDIENTS:

43% Organic Sprouted Brown Rice Protein
40% Organic Sprouted Pea Protein Powder
14% Organic Mesquite Powder
3% Vanilla Powder

*Vanilla Powder contains a small amount of Dextrose Monohydrate

SUGGESTED USE:

Mix, shake or blend 1 Scoop with 250-300ml of your favourite beverage or smoothie combination. Highly recommended Pre-Workout and Post-Workout to enhance recovery and performance.

Store in a cool dry place out of direct contact with sunlight, refrigerate after opening.

Manufactured & Packaged by PLS Australia
4/12 Etheridge St, Eumundi, 4562

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NUTRITIONAL INFORMATION:

Net Weight: 450 gram
Servings Per Package: 15
Serving Size: 30 gram (1 x Scoop)

NUTRITIONAL DATA

NUTRIENT	PER SERVE	PER 100g
Energy	483kj	1610kj
Calories	115	385
Protein	20.1g	67.1g
Fat, Total	1.3g	4.5g
- saturated	0.1g	0.4g
Carbohydrates	5.1g	16.9g
- sugar	2.0g	6.5g
Sodium	106mg	354mg

Not suitable for children under 15 years or pregnant women. This product is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and appropriate fluid intake. Consult a health care professional before starting in any new supplementation, training or exercise program.

WARNING: Processed in a facility which also handles nuts.