



Organic Superfoods

PLANT PROTEIN FOOD

MEAL PROTEIN SUPPLEMENT

Natural Chocolate Flavour

450g (22 Servings)



PRODUCT DESCRIPTION:

1 tablespoon of Plant Protein Food delivers 10.3 grams of highly digestible protein, making it an attractive option to be used between meals or as a protein meal supplement option.

- 3 high quality plant-based protein sources
- Antioxidants, magnesium and iron from Cacao
- Energy empowering / adaptogenic qualities from Maca.

50% Organic Sprouted Brown Rice Protein – has several advantages over other powdered protein products. Firstly it is less chalky in texture than others, so blends smoothly into drinks. Secondly, organic brown rice protein powder is hypo-allergenic and completely dairy free, so is more easily digestible. Thirdly organic whole grain brown rice includes the bran and the endosperm layers, not only retaining the fibres but also much of the amino acid profile. Lastly, when the rice is bio-fermented with natural enzymes, it greatly increases the bio-availability of the protein it makes digestion and absorption so much easier.

35% Organic Cacao Powder – “Food of the Gods” delivers raw chocolate flavour along with an incredible nutritional profile from its abundance of antioxidants, magnesium, iron, omega-6 fatty acids, through to beneficial alkaloids such as Theobromine and significant quantities of tryptophan, a powerful mood enhancing nutrient.

15% Organic Maca Powder – powerful strength and stamina enhancer, as well adaptogen, meaning it has the ability to balance and stabilize the glandular-hormonal system, nervous system, cardiovascular system, and musculature. Maca has a slightly malted flavour, with butterscotch overtones – we think this is why it works so well with raw cacao.

INGREDIENTS:

50% Organic Sprouted Brown Rice
35% Organic Cacao Powder
15% Organic Maca Powder

SUGGESTED USE:

Stir or blend 1 heaped TBSP into 300ml of your favourite milk, coconut water, smoothie or juice. Alternatively use in chia puddings, or sprinkle over desserts, yogurt or muesli.

Store in a cool dry place out of direct contact with sunlight, refrigerate after opening.

Manufactured & Packaged by PLS Australia
4/12 Etheridge St, Eumundi, 4562

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NUTRITIONAL INFORMATION:

Net Weight: 450 gram
Servings Per Package: 22
Serving Size: 20 gram (1 TBSP)

NUTRITIONAL DATA

NUTRIENT	PER SERVE	PER 100g
Energy	310kj	1550kj
Calories	74	370
Protein	10.3g	51.3g
Fat, Total	0.9g	4.7g
- saturated	0.6g	2.8g
Carbohydrates	5.2g	26.0g
- sugar	1.0g	4.8g
Sodium	2mg	8mg

Not suitable for children under 15 years or pregnant women. This product is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and appropriate fluid intake. Consult a health care professional before starting in any new supplementation, training or exercise program.

WARNING: Processed in a facility which also handles nuts.